



St. James' Parish Nurse Program

Starting November 1998, the St. James' Parish Nurse Program is providing a free blood pressure screening every second and fourth Sunday of the month, 9:30 am to 10:00 am. It is in the Bell Tower. Everyone is welcome to get their blood pressure checked each time, and to take the findings to their doctor for evaluation.

In addition to this service the Parish Nurse Program Committee is expanding their services to the congregation. Here are some of our ideas, and space for you to contribute any ideas or comments. Thank you so much for taking the time to fill out this questionnaire.

Please indicate areas in which you feel our Parish Nurse Program Committee could be helpful:

Lifestyle

When Illness Strikes

CPR training_____

Coping with Cancer_____

Substance/Alcohol abuse_____

Living with Chronic Illness_____

Nutrition, weight control_____

Alzheimer's Disease_____

Stress Management_____

Advanced Directives (Living Will)_____

Parenting Skills_____

Sexually Transmitted Diseases_____

Caring for aging parents_____

Heart Disease_____

Divorce Support Group_____

Medicine Management_____

Suggestions for anything else_____

Do you have expertise in a health field you would be willing to share?

Name_____ Expertise_____

Thank you so much for your time to help us realize the needs of the congregation. Any questions or comments, please call the church office.